

Parental Bonding and Current Thought Processing of Adolescents in Relation to Their Experiences of Physical and Emotional Abuse

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The present study mainly tested the hypothesis that parental bonding and current thought processing of adolescents would vary between the abused and non-abused. Parental Bonding Inventory and Children's Automatic Thought Questionnaire Negative / Positive along with a Personal Information Form were administered on a sample of 120 adolescents equally distributed to the abused and the non-abused groups based on Child Trauma Questionnaire scores. The results of *t*-tests revealed a significant difference in parental bonding and automatic thought processing between the abused and the non-abused adolescents; the abused children scoring lower in parental bonding and higher in negative automatic thoughts. The findings might help parents, guardians, teachers, clinicians, counselors, psychiatrists, and NGO workers in rehabilitation of abused children.

Keywords: Parental bonding, negative automatic thoughts, physical abuse, emotional abuse